

**YOUR EVENING
TO SHARE, EAT &
CELEBRATE
#GOODFOODSTORIES**

FEED LEEDS CELEBRATION 2023

20 FEB 2023 | 5.30-8 PM

MEANWOOD VALLEY URBAN FARM LS7 2QG

BOOK TICKETS NOW*

*£7 TICKET INCLUDES VEGGIE OR VEGAN
MEAL & SOFT DRINK



FEED LEEDS AGM & CELEBRATION EVENT

#GoodFoodStories

Meanwood Valley Urban Farm

Monday 20th February 2023

ATTENDEES

Adam Ogilvie (FL Chair, Meanwood Valley Urban Farm (MVUF)), **Sonja Woodcock** (FL Treasurer, Leeds Food Coordinator at FoodWise Leeds), **Sarah-Jane Mason** (FL secretary, RHS - minutes), **Penny Pinn** (Horsforth Community Café & Garden), **Emma Andrews** (FoodWise and Compost Collective), **Becky Mears** (FL, IE Aireborough / Season Well CIC), **Viv Hargreaves** (Season Well CIC), **Rosie Hall** (FL, LAF secretary), **Rob and Sarah Moores** (Passion 4 Plants), **Robert Knowles** (Farm Start and FL Farm Group), **John Preston** (TCV, Leeds Green Activity Providers Network), **Anna Marsden-Ragnarsson** (Kirkstall Valley Farm), **Julie Mathes** (University of Leeds Sustainability), **Mark Warner** (Plate2Plate Compost), **Clarrie Ramsden** (Climate Action Seacroft), **Pip Goff** (ForumCentral), **Ros MacIver**, **Rhian Williams** (Kirkstall Valley Farm), **Andy Parkinson** (Living Potential Care Farm), **Rebecca Macdonald**, **Samantha Hall** (Kiddal Quarry Farm), **Louise Hill**

APOLOGIES

Dan Robinson (FL, IE Leeds), **Paul Magnall** (FL, Rainbow Junction, Leeds Rotters), **Rosie Atkins** (FL, FL Farm group), **Beth Bingley** (Bedford Fields), **Camille Thomas** (FL, Space 2), **Alan and Gini** (Fruit Works, Leeds Orchards Group), **Pete Tatham** (Hyde Park Source, Leeds Green Activity Providers Network), **Caroline Scott** (FL, Abundant Edible Gardens), **Luke Tilley** (FL, MVUF Market Garden CIC), **Tom Bell and Tess Kelly** (Quorn Foods), **Ama Chaney** (FL, Grow to School), **Helen Clayton** (LCC Allotments), **Roger Plumtree** (FL, Kirkstall Valley Farm)

AGENDA

Welcome

Sonja welcomed everyone, and said how nice it was to get together after so long only seeing each other virtually. Everyone briefly introduced themselves stating which organisation they were from.

Minutes of previous AGM approved

The 2022 minutes were approved by Sarah-Jane and seconded by Sonja. It was good to see that a number of the actions are now bearing fruit. For example the creation of sub-groups for Farms, Little Veg Libraries and Land Access. Each of these groups are now meeting regularly and progressing ideas and actions.

Treasurer's report

Sonja confirmed that for the period Dec 2021 to Dec 2022 the accounts were as follows. We have £67 remaining in the bank account after paying for our annual webhosting fees. We plan to use this amount to pay for some printed materials we can use at events in 2023.

Chairs report and elections - Unfortunately Adam was unable to attend the AGM due to an emergency at the farm, so Sonja chaired the elections.

As there were a number of new faces in the room, we had a brief discussion about what Feed Leeds was created to do over 11 years ago, and how the group operate today. Becky shared some thoughts on the purpose of the group and these have been incorporated onto a FLINGA online noticeboard for FL members to share their comments.

ACTION ALL Please add ideas to the FLINGA <https://flinga.fi/s/FPZNF6>

Sonja then confirmed the following committee changes, which were proposed by Sarah-Jane and seconded/voted in by Becky and Rosie H.

Sonja thanked the committee members who are standing down this year for all their support and help, and welcomed our 2 new committee members.

Voted back onto Committee	Standing down from Committee	Voted in as New Committee Members
Adam Ogilvie (Chair) Sonja Woodcock (Treasurer) Rosie Atkins (co-secretary) Sarah-Jane Mason (co-secretary) Becky Mears Rosie Hall Ama Chaney Camille Thomas Dan Robinson Luke Tilley Paul Magnall	Marie Dupont Rachael Fox Sue Ottley-Hughes Roger Plumtree	Clarrie Ramsden Anna Marsden-Ragnarsson

Celebration presentation

The attendees were shown a presentation celebrating a number of our member groups many of whom were present so gave a 2-minute overview of their organisation and what they hope to achieve in 2023. (see Appendix A)

AOB - Other updates / news / discussion (esp re future meetings)

Kirkstall Valley Farm – open day on April 22nd

To coincide with Earth Day the farm are holding an open day on Saturday April 22nd 11 - 3 p.m. This will be open to members of the public and all our volunteers and members of Kirkstall valley Development Trust.

On the day there will be ongoing volunteering on the farm to help with the market garden veg production, plus other activities such as a workshop on composting. As well as telling people about the farm, and what we can offer (weekly veg boxes and volunteer sessions) we are also keen to provide good networking opportunities, and information on how you can 'Grow Your own' at home.

Horsforth Community Garden – Green Gardening Fair on 1st April

Penny Pinn shared details of the Green Gardening Event at St Margaret's Church on 1st April. See flyer.

To keep in touch follow the following groups on facebook:

Horsforth Community Garden, Horsforth Climate Action and Horsforth Community Café



Date of next FEED LEEDS meeting - Monday 17th April (zoom)

Save the Date - 2023 meetings

Monday 19th June

Monday 21st August

Monday 16th October

Monday 18th December

Feed Leeds 2023 Celebration



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Feed Leeds Annual Review

2022 EVENTS and #GoodFoodStories	
WHEN	WHAT
April	Earth Day at Meanwood Valley Urban Farm
May	Climate Action Horsforth Hub Launch LESSN Schools event Growing Friendships event for refugees. (Old Firestation Gipton / Zest)
June	FL participation in LCC Food Strategy development meetings Growing Friendships event for refugees. (Old Firestation Gipton / Zest)
July	Growing Friendships event for refugees. (Hamara Centre, Beeston)
Aug	In person meeting hosted by Hollin Lane Allotments – first since 2020! Leaving drinks to say Goodbye to Tom after 10 years on the Committee
Sep	Zero Carbon Yorkshire event at MVUF Harvest Celebration Grow Friendships Old Firestation Gipton
Nov	Feed Leeds Farm Group 1st meeting : 21st Nov 2022



**160 members
and growing**

**Change to bi-monthly
meetings and 2 in
person meetings a
year hosted by our
members**



Little Veg Libraries (LVLs) and Sow A Row Xtra



Little Veg Library concept proved very popular with a diverse range of organisations and groups. In 2022 a Feed Leeds LVL Sub-group formed to promote and support the creation of more LVLs in the city

24 Organisations now involved across the city see [Get Growing Leeds Map](#)

- 13 LVLs
- 11 Sow a Row Xchange sites

Mobile LVL for events to engage and share ideas

Annual LVL Planner created and ready to share

2023 Plans HP Source and Season Well exploring opportunities for funding to support:

- 6 new LVLs - built and installed at Climate Action Hubs across the city; enabling all 13 hubs to host a LVL at their site.
- Training workshops to support groups install, grow and maintain a LVL



Leeds Allotment Federation Harrogate Flower Show April 2022



Grow at Home Show Gardens

Because of long waiting lists for allotments we thought it would be good to show a 'typical' back yard to show how even a small space can be used to grow a wide assortment of fruit and vegetables.

During the 4 days of the show we chatted to dozens of people about vegetable growing, allotments and small space gardening in general. We were delighted to be **Awarded '5 Roses'** which was the highest award for a show garden!



2023 Plans for Harrogate Show Our show garden will be a demonstration of 2 allotments, one from 1950 and the other from 2023, showing how techniques of gardening and the varieties grown have changed.

Other events –

LAF Learning Day for our members
Harlow Carr Festival of Food and Flavour



MVUF inc Market Garden CIC



- **Traineeship** launched with Market Garden team. A 6-month work experience placement to learn how a small-scale social enterprise that uses organic and minimal tillage practices runs a successful market garden
- **New irrigation** outdoor using drip lines, indoor using misters in greenhouse both will reduce the amount of time spent and volumes of water used
- **Biological controls** in place for Cabbage White caterpillars
- **Volunteer programme** very popular programme and essential to our success
- **Special events** such as Apple Day held in the Arc 'Community Shelter' created by volunteers on site



Horsforth Community Garden

Community Growing Together

The vision for our community space



Taking shape and growing

- £10,000 raised by grants and Crowdfunding
- Accessible paths installed by TCV Hollybush
- COLAS, civil engineering firm working locally will provide materials and labour for the rest of the build.



Also happening in Horsforth



Drury Field Community Orchard

- Maintained by a group of local people
- Hoping to be one of the sites for this year's funding from Leeds Compost Collective for a community composting scheme



Horsforth Climate Action food group working towards

- Ensuring no food goes to waste (including surplus food from businesses)
- Everyone having access to healthy, affordable sustainable food and community food growing/composting

Next event : Green Gardening Fair Saturday 1st April at St Margaret's Church to promote fruit and veg growing and wildlife friendly gardening



The Conservation Volunteers Hollybush and Skelton

- **TCV site-based Green Gyms** all grow food in their community gardens at Oakwood Hall, Lovell Park, Hollybush and Skelton Grange.
- **Other projects** We have also been assisting projects at Hawthorn Allotments and Pudsey Wellbeing plus delivering Healthy Holidays at Skelton Grange.



TCV Activity 2022

- **10,000 days of volunteering**
- **9500 other visits**
- **200+ regular volunteers**
- **470 other volunteers** 40% of attendance by volunteers are from bottom 20% of neighbourhoods.

Find out more:

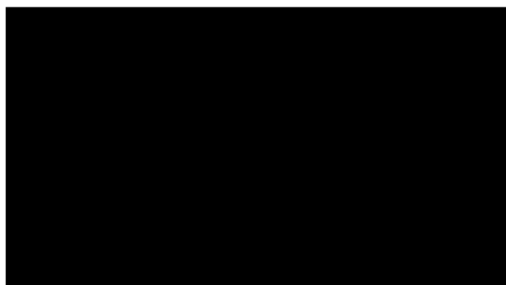
www.tcv.org.uk/hollybush or www.tcv.org.uk/skelton
Or Facebook, Twitter and Instagram



Leeds Green Activity Providers Network

Green Activities for Health and Wellbeing in Leeds

Watch our video to learn more:



https://youtu.be/_kNfNTJ33K8

Membership We are open to all organisations running non sport outdoor sessions with a focus on health outcomes (aka Social Prescribing)

- Sharing expertise including core standards & training
- Collaboration with delivery and joint funding
- Website including activity map www.lgap.co.uk

Sign up members@lgap.co.uk

Next steps:

Health Inequalities Research and Capacity Grant

Developing our profile with Health and Care commissioners and Link workers to share expertise and develop a Health and Social Analysis Map (in members area to help with grants)



Leeds Food Strategy 2022-2030



- Co-produced with LCC, FoodWise & strategic partners
- **Health & Wellbeing** **Food Security & Economy** **Sustainability & Resilience**
- Get involved with the development and delivery of **Leeds Food Strategy Action Plan**
Contact Sonja.Woodcock@zestleeds.org.uk



LCC Local Plan



In March 2019 Leeds City Council declared a climate emergency with an ambition to work towards carbon neutrality by 2030.

Public consultation held in 2022 to review planning policies to help the council achieve its climate emergency commitments. Key targets are:

- Supporting developments that shape places in ways that contribute to radical reductions in greenhouse gas emissions (for example - reducing the need to travel by car)
- Minimising vulnerability and improving resilience (for example - by avoiding places that flood and dealing with water)
- Encouraging more careful use of resources (for example - by making homes more efficient)
- Supporting the move towards renewable and low carbon energy (for example - wind or solar)



LAND access – open source map

Map,
Access,
Grow.

*A strategy to support
and promote local food growing*



Farm Group



The group comes out of Feed Leeds' recognition of the importance of urban and peri-urban agricultural food supply, from regenerative and eco-agricultural producers, in providing healthy food and helping to address the climate crisis.

The farm group aims to provide support under two main themes:

- **Existing growers** Support to existing regenerative farms and food producers including the development of links between growers, producers and consumers, strengthening the food economy and resilient supply systems.
- **New Growers; FarmStart** Supporting new entrants by addressing the need for training and the issues of access to land for growing using the "FarmStart" model shared by Land Workers Alliance and Urban Agriculture Consortium. Also by exploring the possibility of mentoring and apprenticeships for new entrants with existing regenerative peri-urban farmers.



Kirkstall Valley Farm



- **Veg Box scheme** Waiting list now in operation due to demand
- **Volunteering opportunities** available, 70 current volunteers
- **Grow Your Own** New polytunnels installed on site. Growers providing networking opportunities and GYO advice
- **Compost** Plate to Plate delivered 1,200 litres of compost

Next event: 'Earth Day' open day 11-3 pm, Saturday April 22nd

Open to the public, our volunteers and Kirkstall Valley Development Trust members. Opportunities to check out the farm, help out with work such as market garden veg production, plus a workshop on composting.



Grow to School

GR^{OW} TO SCHOOL Teach it Outside



- Worked with over 658 schools since 2010
- 90% of children told us learning outside made them happy
- 83% of teachers gained new ideas, skills and knowledge for outdoor learning on our training
- New Outdoor learning resources website 'Teach it Outside' launched



Space2 Gipton Growers



And video

<https://www.youtube.com/watch?v=a7bO-kXGIC4&t=2s>

Composting Collective



Season Well



Incredible Edible

Where we're growing...

We have local Incredible Edible communities in Crossgates, Garforth, Headingley, Morley, Gilesey, Kippax, Roorstown, Ricklefield, Oakwood, Pudsey and South Millford.

Find out more!

@IncEdLeeds

@IncEdLeeds

edibleleeds.org.uk



- Our vision is to create kind, confident and connected communities through the power of food

- IE Leeds is now a CIC (made up of 16 local groups across the city)



Climate Action Seacroft Hub



CATCH



Using the holiday period and good weather to construct 12 raised beds in our newest polytunnel ready for the growing season. This means we will have a total of 36 indoor raised beds. We decided to expand due to the interest from young people wanting to grow their own vegetables.



Plate 2 Plate

- We're in our 7th year
- 25,055.33 kg food waste composted
- 487.84 kg bread composted
- 2,049.95 kg coffee composted
- 10,000 kg (estimated) woodchip composted
- x1 part-time employee

Goals for 2023-2024

- 150 domestic customers (currently at 115)
- 12 business customers (currently 8)
- Looking for a new site



6,576 buckets collected in 11 months
Up 2 tonnes from last year and predicted to be upto 5 tonnes by the end of the year (31st March).



And video <https://youtu.be/favV7ejn0a4>

Hyde Park Source



2022

155 CHILDREN
4 EDUCATION PROJECTS
10 COMMUNITY PROJECTS & GROUPS

187 ONE-OFF VOLUNTEERS
194 REGULAR VOLUNTEERS
21 DESIGN & BUILD PROJECTS

456 SESSIONS
1386 HOURS



IMPROVING HEALTH & WELL BEING THROUGH IMPROVING THE ENVIRONMENT



And video <https://youtu.be/I-i9vEbZxzs>

University of Leeds Sustainability Projects



Abundant Edible Gardens



Passion4Plants @ Oakwood Market Garden LS8

March '22

After a long wet winter we finally get on to our field of dreams!



December '22

After a long hot summer and glorious autumn we finally wrap up site development for the winter



May - October '22

Our stall at Oakwood Farmers Market - promoting local food for local people



Sept '22

Celebrating our 2nd anniversary supplying the wonderful Fruit Stall in Chapel Allerton



Rainbow Junktion

At Rainbow Junktion we are on a mission to tackle food poverty, fight food waste and build community.



We intercept food that would otherwise be thrown away from supermarkets, restaurants and a number of other sources, and turn it into healthy, nutritious meals for anyone and everyone on a pay-as-you-feel/can donation basis.



Highlight: over 200 people attended our Boxing day lunch

All our services are always non-referral, non judgemental and open to absolutely everyone!

Rainbow Junktion is open

As a community cafe on Mondays and Thursdays 11.30am-3pm

As a foodshare (a pay-as-you-feel/can food bank) on Fridays 11.30am-4pm



Bedford Fields

BEDFORD FIELDS COMMUNITY FOREST GARDEN SERVES THE LOCAL COMMUNITIES OF WOODHOUSE AND HYDE PARK, AND ALL WHO HAPPEN TO VISIT THIS PART OF LEEDS

It is an open-access garden demonstrating how forest gardening can be a viable alternative to our food system - RESILIENT TO SOCIAL AND CLIMATIC CHANGE.



BEDFORD FIELDS COMMUNITY FOREST GARDEN



Regular volunteering sessions Sundays from 1pm (except 23 April)

Please get in touch via our Facebook page to take part



Sustain – Good to Grow Campaign



Save the date

#GoodtoGrowDay2023

Good to Grow 2023: 21st-24th April.

[Webinar](#) on the 6th of March to celebrate the vital role of community growing spaces, and launch Good to Grow Day 2023.

Join us to hear about the crucial role community gardens play in building resilience in their local communities.



And to finish

#GoodFoodStories video

<https://www.youtube.com/watch?v=mBS59Gu6hFQ> (Little Veg Libraries, Season Well, Incredible Edible Aireborough & #GoodFoodStories)